



LISA MEANS

Khalid Yousuf, M.D.

HIP AND KNEE SURGERY

Dr. Khalid Yousuf knew from an early age he would follow in the footsteps of many of his family members who are also doctors. He adopted their caring, attentive nature, which is evident in his patient interaction today. "I have always loved working with my hands, which made surgery a natural choice for me, but it was learning how to truly care for patients by listening to them and spending time with them that has made such a difference in my practice," Dr. Yousuf says. "I enjoy taking care of people as if they are family, helping them get back to their story, which is whatever they care about. Enabling people so that they can stay active and independent is truly rewarding."

A native Texan, Dr. Yousuf moved around the United States for training before returning to Texas to be near his family and join Baylor Scott & White Orthopedic Associates of Dallas. He uses surgical and technological advancements that allow patients to be candidates for outpatient joint replacement surgery. Minimally invasive techniques, such as anterior hip approach and partial knee replacements, have usually allowed patients to return to their active lifestyles within weeks. He also specializes in nonsurgical management of hip and knee arthritis and has a special interest in stem cell and PRP therapy. "My mission is to listen to my patients' goals and partner with them to achieve them," he says. "I bring a human element to my practice that my patients appreciate. Our goal is to always achieve as much as possible without surgery, but with today's improved surgical techniques, the results of most surgeries will last at least 30 years."

Dr. Yousuf is board certified in orthopedic surgery, a Fellow of the American Association of Hip and Knee Surgeons, and serves as an adjunct assistant professor at Texas A&M University, College of Medicine. He recently achieved the distinction of being a Certified Physician Executive by the American Association of Physician Leaders. Outside of his busy practice, Dr. Yousuf enjoys spending time with his wife and three daughters. They enjoy cooking and traveling together. An avid car enthusiast, in his younger years he used to quarter-mile race his Camaro Z28 and Trans Am.

Physician is an employee of HealthTexas Provider Network, a member of Baylor Scott & White Health. ©2019 Baylor Scott & White Health

EDUCATION

M.D., Louisiana State University Medical School; Residency, University of Oklahoma; Fellowship, Mayo Clinic

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